

# **NEWS RELEASE**

**FOR IMMEDIATE RELEASE**

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## **BOTHWELL REGIONAL HEALTH CENTER HOSPICE SEEKS VOLUNTEER COMPANIONS**

Bothwell Regional Health Center Hospice will hold training sessions for Hospice Volunteer Companions interested in providing respite care for hospice patients and their families.

Hospice volunteer companions provide non-medical care for hospice patients in their homes for a few hours per week to allow family caregivers the opportunity to have time away for errands, appointments, grocery shopping or lunch with friends.

“This is a great opportunity for someone who wants to do worthwhile, rewarding volunteer work but has only a few hours a week to give,” said Tammy Goehman, hospice volunteer coordinator. “The families really appreciate the volunteers because it allows caregivers to have some much-needed time away.”

Because of Bothwell hospice’s wide coverage area, volunteers are needed in all of Pettis County, Warsaw, Lincoln, Cole Camp, Windsor, Knob Noster, Sweet Springs and Tipton.

Free training sessions can be scheduled by calling Goehman at 660-829-2700. Training sessions are held at the Bothwell Regional Health Center Hospice and Home Health Office in the Thompson Hills Shopping Center, Sedalia.

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Bothwell Regional Health Center is a 145-bed regional health center serving west-central Missouri with state-of-the-art technology and comprehensive health and wellness services including surgical, cancer, orthopedic, cardiovascular, women's health and therapy services. For more information on Bothwell Regional Health Center and its services, visit [www.brhc.org](http://www.brhc.org).