

NEWS RELEASE

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PHYSICAL THERAPIST RECOGNIZED AS BOTHWELL EMPLOYEE OF THE YEAR

SEDALIA — For Deb Cairer, ensuring her clients achieve the very best outcomes from their home-based physical therapy is just a typical day at the office. What makes her performance as a physical therapist for Bothwell Home Health and Hospice award-winning is the kindness and compassion she extends to each patient.

Cairer was named Bothwell Regional Health Center Employee of the Year for 2008 during the health center's annual Employee Recognition Banquet held April 22 at the MEC Building on the Missouri State Fairgrounds.

"I am thrilled that Deb's efforts in putting her patients first are being recognized," said Rosemary Rundlett, clinic coordinator for Bothwell Home Health. "We receive compliments on a regular basis from patients who love her. She is one of the most productive employees in our department, often seeing twice the volume of patients and still doing a stellar job for each of them."

Cairer, of rural Sedalia, has been a physical therapist since 1984 and has been with Bothwell Home Health since 2001.

"I have been blessed to be able to work in a field that I love with co-workers that make working in this community a pleasure," Cairer said. "Bothwell has been an important part of my family for many years and has so many excellent employees. This was truly an honor for me."

Cairer was selected from a field of 11 other Bothwell employees of the month to capture the honor of Employee of the Year. Other employees of the month included Rod Perez, physical therapist; Trudy Clawson, pharmacy buyer; Daniel French, facilities management; James Pittman, facilities management; Angie Longan, facilities management; Carol Tieman, community outreach coordinator; Sue Kitto, coordinator of the Center for Joint Replacement; Donna Smith, pharmacy LPN; Terri McCarthy, billing supervisor; Maria Galvan, environmental services; and Veronica Hiller, information systems.

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Bothwell Regional Health Center is a 180-bed regional health center serving west-central Missouri with state-of-the-art technology and comprehensive health and wellness services including surgical, cancer, orthopaedic, endovascular/cardiac, women's health, and therapy services. For more information on Bothwell Regional Health Center and its services, visit the website at www.brhc.org.