

NEWS RELEASE

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NEW PHYSICIANS EXPAND HEALTH-CARE OPTIONS

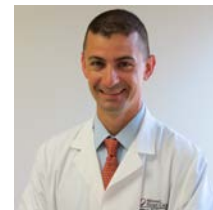
SEDALIA – Health-care options for residents of west-central Missouri will expand significantly this summer with the addition of five new physicians, who join the medical staff at Bothwell Regional Health Center this summer.

“Perhaps the adage ‘Build it and they will come’ isn’t true only for the Field of Dreams,” said Bothwell President and Chief Executive Officer John Dawes. “Since completing the Bothwell Healing Arts Center, our medical office building, late last summer, we have six new physicians who either are now practicing or will practice there.”

Dr. Catherine Anderson was the first physician to join Bothwell Family Health, a primary care practice located on the building’s second floor. Dr. David Mook, an internal medicine physician who also works at Bothwell Health Center-Truman Lake, joined Anderson there in May.

Other new physicians who join the hospital’s medical staff this summer include:

- **Josh Valtos, M.D.**, cardiologist, joined Dr. Henry Marquez on July 2 at the Missouri Heart Center, located on the second floor of the Bothwell Healing Arts Center. Dr. Valtos received his medical degree from Emory University School of Medicine in Atlanta, Ga. He completed a residency in internal medicine at the University of Missouri-Columbia and a fellowship in cardiology at the University of Missouri- Kansas City. Dr. Valtos is board certified by the American Board of Internal Medicine in both internal medicine and cardiovascular disease and by the American Society of Nuclear Cardiology. Appointments can be made by calling (660) 827-1771.



- **Bryan Stringham, D.O.**, ear, nose and throat specialist, will open Bothwell Ear, Nose & Throat on July 16. The practice will be located on the third floor of the Bothwell Healing Arts Center near 10th & Winchester in Sedalia. Dr. Stringham received his medical degree from the Kirksville



College of Osteopathic Medicine in Kirksville, Mo. He completed his residency in otolaryngology and facial plastic surgery at Northeast Regional Medical Center in Kirksville, Mo. Appointments can be made by calling (660) 826-5226.

- **Christine Deeths, M.D.**, family practice, joins Dr. Catherine Anderson and Dr. David Mook on July 16 at Bothwell Family Health, located on the second floor of the Bothwell Healing Arts Center. Dr. Deeths received her medical degree from the University of Missouri-Kansas City School of Medicine. She completed her residency in family practice at Kern Medical Center in Bakersfield, Calif. Dr. Deeths is board certified by the American Board of Family Medicine. Appointments can be made by calling (660) 827-2500.



- **Sigi Joseph, M.D.**, general surgery, joins Bothwell Surgical Services on July 23. Dr. Joseph received his medical degree from St. John's Medical College in Bangalore, India, and surgical degree from the Royal College of Surgeons in Edinburgh, Scotland. He completed a residency at the University of Missouri-Kansas City School of Medicine and a fellowship in bariatric surgery at Baylor College of Medicine in Houston, Texas. Dr. Joseph will be located in the offices of Dr. Stuart Braverman and Dr. Jeff Wadley at 3300 West 10th in Sedalia. Appointments can be made by calling (660) 827-0423.



- **Naveen Krishna, M.D.**, hospitalist, will join Dr. Aravind Dasari in overseeing the care of patients at Bothwell Regional Health Center. Dr. Krishna received his medical degree from Adichunchanagiri Institute of Medical Sciences in India.

“We have many fine physicians in this community, but in some cases their practices are at capacity or the physicians are nearing retirement age,” Dawes said. “These new physicians will help us meet the community’s health-care needs.”

Pettis County is a federally designated Health Professional Shortage Area, which means it meets the criteria of the U.S. Department of Health and Human Services in regards to shortages of primary medical care, as well as dental or mental health providers.

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Bothwell Regional Health Center is a 140-bed regional health center serving west-central Missouri with state-of-the-art technology and comprehensive health and wellness services including surgical, cancer, orthopedic, cardiovascular, women's health, and therapy services. For more information on Bothwell Regional Health Center and its services, visit the Web site at www.brhc.org or follow us on Facebook.