

NEWS RELEASE

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LONGTIME NURSING DIRECTOR NAMED BOTHWELL'S LEADER OF THE YEAR

SEDALIA - Longtime registered nurse Estella Frazier was honored recently as Bothwell's Leader of the Year. The award was presented at a leadership training session the health center held recently.

Frazier, nursing director of the 3 Southwest medical-surgical unit and Orthopedics, has worked at Bothwell since 1965. She was nominated for the honor by nine members of her department who related that Frazier is "a shining example of class and professionalism and expects nothing less from the staff."



They went on to praise Frazier's unyielding pride in the organization, saying, "Estella rounds on us to see if there is anything she can do to make our job better. She listens to both sides of a problem and never says anything negative. She always has a smile no matter how challenging the day may be."

Frazier, who also served as a head nurse and became a nursing director in 2007, was surprised by the honor.

"I never expected anything like this," she said. "The other people nominated were as deserving. ...I've always been very proud to work here at the hospital. Our people take a genuine interest in our patients and want to give them the best care possible. I've seen many changes in health care during my time here, but that care and commitment is something that has remained firm."

Other leaders nominated for Leader of the Year included: Cathy Teter, RN, director of Patient Care; Dianne Williams, RN, director of 2 Southwest nursing unit; Brenda Sprinkle, RN, Patient Care coordinator; Ja Hickman, director of Quality Management; Julie Parfitt, director of Rehab Therapy; Brad Nicholson, director of Pharmacy; and Tom Fairfax, director of Information Technology.

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Bothwell Regional Health Center is a 140-bed regional health center serving west-central Missouri with state-of-the-art technology and comprehensive health and wellness services including surgical, cancer, orthopedic, cardiovascular, women's health, and therapy services. For more information on Bothwell Regional Health Center and its services, visit the Web site at www.brhc.org or find them on Facebook.