

NEWS RELEASE

FOR IMMEDIATE RELEASE

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BOTHWELL ANNOUNCES NEW COMMUNITY OUTREACH COORDINATOR

Sedalia – Bothwell Regional Health Center is pleased to announce a new addition to its Foundation and Communications Department.

Stephanie Fraley, of Sedalia, was recently named community outreach coordinator.



“Stephanie has already hit the ground running,” said Lisa Church, executive director of the Foundation and Communications. “In addition to her personal enthusiasm for health and wellness, she brings a strong nutrition and exercise base to our community education efforts.”

Fraley is a registered and licensed dietitian and has a master's degree in exercise science. She is also a board certified specialist in sports dietetics and a certified health fitness specialist through the American College of Sports Medicine.

In her new role, Fraley will represent Bothwell in the community and coordinate health fairs and workplace wellness programs. She also serves as Bothwell's liaison to community health-related organizations, such as the Healthy Living Action Group and Healthy U program. Fraley will also work with many of the health center's departments to implement community programs that promote healthy lifestyles.

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Bothwell Regional Health Center is a 145-bed regional health center serving west-central Missouri with state-of-the-art technology and comprehensive health and wellness services including surgical, cancer, orthopedic, cardiovascular, women's health, and therapy services. For more information on Bothwell Regional Health Center and our services, visit the Web site at www.brhc.org or find us on Facebook.