

NEWS RELEASE

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OCCUPATIONAL THERAPIST RECOGNIZED AS BOTHWELL EMPLOYEE OF THE YEAR

SEDALIA — In keeping with the theme of National Hospital Week, Audrey Rush has done her share to make miracles happen. Rush, an occupational therapist for Bothwell Home Health, was selected as Bothwell's Employee of the Year during Hospital Week activities.

Rush, a 16-year employee, once worked with a young patient who was unable to feed himself, brush his teeth or comb his hair after suffering a stroke. Following intensive therapy, the young man was able to regain use of his right hand, arm and leg. Later, he was a source of inspiration to another of Rush's patients who had suffered a stroke. The new patient was depressed due to his inability to use his arm.

"I cried tears of joy when I first saw him able to move his arm and hand," Rush said. "I know that is why I'm in this profession because it is all about helping others. It is the internal rewards that really make the difference."

Rush's positive attitude and spirit shine through in her work every day, according to her co-workers. She offers to come in on her day off, is upbeat, positive and stays until patient needs are met. Her treatments are extensive, not just a "quick fix," and are based on each patient's needs.

Jamie Seifert, director of Bothwell's Home Health and Hospice, said she can't think of anyone more deserving of the recognition than Rush.

"Her willingness to help out over at the hospital and her flexibility in working between departments is wonderful," said Seifert. "I am thrilled for her. She so deserves this."



From left, Jamie Seifert, director of Home Health and Hospice, congratulates Audrey Rush, who was named Bothwell's Employee of the Year 2011.

Rush was selected from a field of 11 other Bothwell employees of the month to capture the honor of Employee of the Year 2011 during Hospital Week. Other employees of the month included: Christa Albin, Peer Review; Carolyn Deuel, Materials Management; Cathy Goodling, Environmental Services; Ann Green, Foundation & Communications; Jessi Burgess, Orthopedics; Teresa Friedlander, Materials Management; Kiwi Popyk, Resource Management; Janet Kindle, Respiratory Therapy; Kelly Polley, Nursing Education/CCU; Sherie Metzner, Home Health & Hospice; and Karen Wienberg, 2 SW.

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Bothwell Regional Health Center is a 140-bed regional health center serving west-central Missouri with state-of-the-art technology and comprehensive health and wellness services including surgical, cancer, orthopaedic, cardiovascular, women's health, and therapy services. For more information on Bothwell Regional Health Center and its services, visit the website at www.brhc.org.