

NEWS RELEASE

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SARAH NAIL IS BOTHWELL'S 2012 EMPLOYEE OF YEAR

Sedalia, MO - Sarah Nail, community outreach coordinator, was named Bothwell Regional Health Center's 2012 Employee of the Year during Hospital Week activities. She was selected from among the 12 employees of the month from 2012.

As chairwoman of the Healthy Living Action Group, Nail provides leadership to Healthy U. Nail has led the group in adopting the format, getting volunteer fitness and nutrition coaches, handling the application process, setting up weekly support group meetings, writing a textbook and organizing activities the entire community can be involved in, including a recent Couch to 5K program that had more than 350 participants.



Sarah Nail, community outreach coordinator, was named Bothwell's Employee of the Year 2012.

The success of this community program is due in large part to her ability to encourage and infect people with her enthusiasm for health and wellness, said John Dawes, reading from her nomination.

"Sarah's strongest contribution to the organization has been her ability to hone in on issues that need to be addressed and find solutions," said Dawes. "She has an innate ability to understand health issues and the make-up of our community."

Bringing people together for a common purpose, Nail tackles projects head-on. An excellent communicator, she responds promptly to requests for information from the public, co-workers and people interested in our classes and events, such as Safe Sitter, Childbirth Education and community health fairs.

Nail's pride in the organization is reflected in everything she does. She takes ownership of projects and delivers the extra effort to ensure Bothwell's outreach programs are first-class.

“We have so many amazing people who work in patient care that I respect so much,” Nail said. “It is an honor to be in their company and receive this recognition.”

Nail was selected from a field of 11 other Bothwell employees of the month to capture the honor of Employee of the Year 2012 during Hospital Week. Other employees of the month included: Carlos Alegarbes, 3 Southwest Nursing; Jennifer Bottcher, Nursery; Renee Franklin, 3 Southwest Nursing; LaCole Gemes, Critical Care Unit; Denice Hageman, Materials Management; Rex Harmon, Rehabilitation Services; Ashley Holmberg, Orthopedics; Victorie Hoover, Same Day Surgery; Mika Killion, Accounting; Kristy Musgrave, 3 Southwest Nursing; and Debbie Williams, Emergency Department.

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Bothwell Regional Health Center is a 140-bed regional health center serving west-central Missouri with state-of-the-art technology and comprehensive health and wellness services including surgical, cancer, orthopaedic, cardiovascular, women's health, and therapy services. For more information on Bothwell Regional Health Center and its services, visit the website at www.brhc.org.