

NEWS RELEASE

FOR IMMEDIATE RELEASE

FOR MORE INFORMATION, CONTACT

Sarah Nail
snail@brhc.org
660-827-9138

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“FREE TO MOVE: UNDERSTANDING ARTHRITIS” *Physicians will Discuss Symptoms, Prevention and Treatment*

SEDALIA – Don’t let the aches and pains of arthritis keep you from enjoying life.

Learn about symptoms, prevention, management and treatment of arthritis at the next installment of Bothwell Regional Health Center’s The Doctor Is In.

“Free to Move: Understanding Arthritis” will be presented by Dr. Kelly Edwards at 6:30 p.m., March 6, in the Bothwell Education Center, 14th Street and Ingram Avenue, Sedalia.

Dr. Douglas Kiburz will present a second session in Warsaw at 6:30 p.m., March 8, at Bothwell Health Center – Truman Lake, 1765 Commercial Street.

Arthritis is an inflammation of the joints that can cause pain, swelling and even a loss of motion. There are more than 100 types of arthritis affecting more than 43 million Americans each year, making it the most common cause of disability in the United States.

Participants will have the opportunity to learn about arthritis management strategies and treatment options, as well as ask the doctor questions. Edwards and Kiburz are orthopedic surgeons with West Central Missouri Orthopedics in Sedalia.

Bothwell sponsors The Doctor Is In to provide the public with an opportunity to learn about health issues and ask questions outside of a doctor’s office or hospital setting. Both events are free and open to the public.

For more information, contact Sarah Nail, Bothwell’s outreach coordinator, at (660) 827-9138 or snail@brhc.org.

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Bothwell Regional Health Center is a 140-bed regional health center serving west-central Missouri with state-of-the-art technology and comprehensive health and wellness services. For more information, visit the website at www.brhc.org or find them on Facebook.