

NEWS RELEASE

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FOR IMMEDIATE RELEASE

“PUT IT ON PAPER”

Panel to Discuss Advance Directives for Health-care Decisions

SEDALIA – What would happen if you were unable to make decisions about your own health care? Who would make the decisions for you and would that person know your wishes?

Too often families find themselves in a situation where they are unsure of the kinds of treatments and measures their loved one would desire. People can use advance directives to make their wishes known before medical situations arise.

Advance directives are documents that include living wills, durable power of attorney for health care, health-care directives and do not resuscitate orders.

A panel of experts will provide information and answer questions regarding advance directives at Bothwell Regional Health Center’s next installment of The Doctor Is In, “Put it On Paper.” The session will be at 6:30 p.m., on April 28, in the Bothwell Education Center at East 14th Street and South Ingram Avenue. Panelists include Dr. Alice Ruttinger, Sedalia attorney Sean Pilliard and hospice social worker Tammy Goehman.

Topics covered include the types of advance directives, how to draft documents, the physician’s role and what happens when there is a lack of documentation.

Bothwell sponsors The Doctor Is In to provide the public with an opportunity to learn about health issues and ask questions. The event is free and open to the public.

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Bothwell Regional Health Center is a 140-bed regional health center serving west-central Missouri with state-of-the-art technology and comprehensive health and wellness services. For more information, visit the website at www.brhc.org or find them on Facebook.