

NEWS RELEASE

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BOTHWELL DIABETES EDUCATION PROGRAM RECOGNIZED BY AMERICAN DIABETES ASSOCIATION

SEDALIA – The American Diabetes Association recently awarded its prestigious Education Recognition Certificate to Bothwell Regional Health Center’s diabetes education program.

The certificate demonstrates ADA’s belief that Bothwell’s program offers high-quality education, an essential component of effective diabetes treatment, and meets the national standards for Diabetes Self-Management Education Programs.

Programs that achieve recognition status have a staff of knowledgeable health professionals who can provide participants with comprehensive information about diabetes management, according to the ADA. Education recognition is verified by an official certificate from ADA and awarded for four years. Bothwell’s program was originally recognized in May 2006.

“The process gives professionals a national standard by which to measure the quality of services they provide,” said Kathy Woolery, a certified diabetes educator at Bothwell. “And it helps consumers to identify these quality programs.”

In addition to working with people in Sedalia who have diabetes, Bothwell’s diabetes educators see patients at Bothwell Health Center-Truman Lake in Warsaw. More than 200 patients were served by the program in 2012.

“We have an advisory committee made up of health-care professionals and community members who have an interest in diabetes,” said Woolery. “We use a curriculum designed around ‘Conversation Maps,’ which combine powerful visual learning techniques with active dialogue between patients and with educators. Conversation Maps encourage patients to become active learners and be engaged in self-management of their diabetes.”

As part of its continuing diabetes education program, Bothwell also hosts a Diabetes Education Support Group, which meets at 11 a.m. on the third Tuesday of each month at the Bothwell Education Center, 14th Street and Ingram,

Sedalia. (The group does not meet in August or December.) The meetings are open to anyone with an interest in attending. For information on Bothwell's diabetes education services or the support group, call 660-827-9334 or visit www.brhc.org.

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The American Diabetes Association is the nation's leading non-profit health organization supporting diabetes research, advocacy and information for health professionals, patients and the public.

Bothwell Regional Health Center is a 140-bed regional health center serving west-central Missouri with state-of-the-art technology and comprehensive health and wellness services including surgical, cancer, orthopedic, cardiovascular, women's health, and therapy services. For more information on Bothwell Regional Health Center and its services, visit the Web site at www.brhc.org or find them on Facebook.