

# NEWS RELEASE

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## **BOTHWELL HOSPICE TO HOST COMMUNITY MEMORIAL SERVICE**

The community is invited to commemorate loved ones who have died during a community memorial service hosted by Bothwell Regional Health Center Hospice.

The 15<sup>th</sup> annual Community Memorial Service, themed "A Time to Remember," will be at 6:30 p.m., June 16, at Christ and Trinity Lutheran Church, West 32<sup>nd</sup> Street and Southwest Boulevard. The service features a candle lighting ceremony, a reading of names and an opportunity to share memories.

The event is free and open to the public.

"It's a community event," said Connie Tinsley, hospice bereavement coordinator. "It's not just for families and friends of hospice patients."

The event gives people the opportunity to honor and memorialize others who have died. Anyone can share a story, memory or poem about their loved one.

"It's a special time that people can set aside to be together and remember a loved one they have lost," Tinsley said.

Activities, such as attending the memorial service or planting a tree in memory of a loved one, are important in the grieving process.

"It's important to take the grief outside of ourselves, and not keep it inside," Tinsley said. "It's one more way to validate that we have not forgotten that person we love."

Contact Connie Tinsley at 829-2700 for more information.

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Bothwell Regional Health Center is a 180-bed regional health center serving west-central Missouri with state-of-the-art technology and comprehensive health and wellness services including surgical, cancer, orthopaedic, endovascular/cardiac, women's health, and therapy services. For more information on Bothwell Regional Health Center and its services, visit the website at [www.brhc.org](http://www.brhc.org).